

# Portuguese yard games

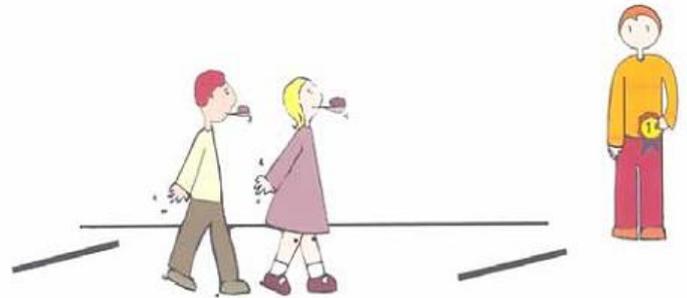
- **“Corrida do saco” Sack Racing:**

- Each participant places himself inside a sack, grabbing it on each side of the waist.
- At the signal, the players jump forward from a starting point toward a finish line.
- The first person to cross the finish line is the winner.
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- **“Corrida da batata ou do ovo” Potato or Egg race:**

- Each participant has a potato or an egg placed on a spoon.
- They race, carrying the spoon in their mouth without dropping anything.



- **“Corrida a três pés” Three-legged race:**

- It involves two participants attempting to complete a short sprint with the left leg of one runner strapped to the right leg of another runner. The object is for the partners to run together without falling over, and beat the other contestants to the finish line.



- **“Pneus ou aros” Tyre or Rings:**

- With the help of two sticks, each player drives his tyre along a traced path.
- The first to cross the finish line ends.



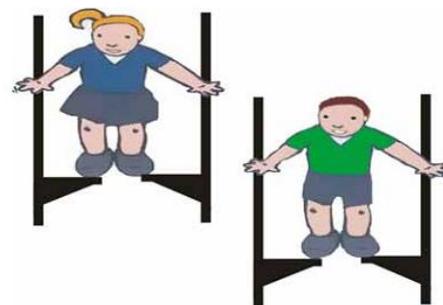
- **“Jogo da Corda” Tug of War:**

- Two or more players can play it.
- It is only required a long strong rope.
- The purpose of a team is to pull the other team over the borderline.



- **“Corrida com Andarilhos” Stilt race:**

- Several players may participate in this game. The equipment needed is two pieces of wooden stilt with a stepladder, the height of which is 30.48 centimeter from the ground.
- The principle of the game is to walk on stilt from a starting line to the finish line.
- The length to be travelled is a few meters.



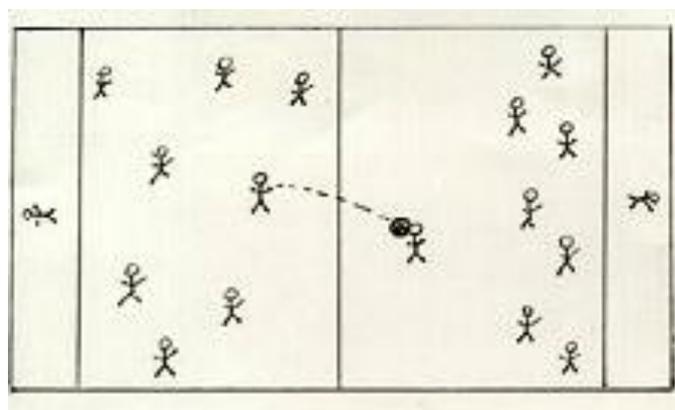
- **“Malha”:**

- Very popular recreational game in the country.
- The aim of the game is to knock down a pin or a marker.



- **“Mata”:**

- Two teams play by throwing a ball to the opposite side, trying to kill as much opponents as possible.
- The ball can also be sent to their colleague at the end of the court.



Lifelong Learning Programme

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