

PORTUGUESE GASTRONOMY



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Education and Culture DG

Lifelong Learning Programme

COMENIUS MULTILATERAL PARTNERSHIP
DIVERSITY OF CULTURES IN COMMON EUROPEAN HOME



Ementa

Entrada

Presunto com melão

Sopa

Caldo Verde

Prato de peixe

Polvo à Lagareiro

Prato de carne

Cozido à portuguesa

Sobremesa

Leite-creme

Vinho

Café

Macieira

Menu

Appetizer

Raw ham with melon

Soup

Cabbage soup

Fish course

Octopus in Olive Oil

Meat course

Portuguese stew

Dessert

Cream custard

Wine

Espresso coffee

Macieira brandy



Ementa

Entrada

Bolinhos de Bacalhau

Sopa

Canja de galinha

Prato de peixe

Bacalhau com Natas

Prato de carne

Carne de porco à
alentejana

Sobremesa

Mousse de chocolate

Vinho

Café

Aguardente Velha

Vinho do Porto

Menu

Appetizer

Codfish Fritters

Soup

Chicken Soup

Fish course

Codfish with Cream

Meat course

Pork with clams

Dessert

Chocolate mousse

Wine

Espresso coffee

Portuguese Moonshine

Port Wine



Ementa

Entrada

Chouriço assado com
aguardente

Sopa

Sopa de hortaliça à
moda da avó

Prato de peixe

Arroz de marisco

Prato de carne

Bife à Portuguesa

Sobremesa

Arroz doce

Vinho

Café

Licor Beirão

Menu

Appetizer

Baked sausage with
brandy

Soup

Vegetable soup
grandmother style

Fish course

Seafood Rice

Meat course

Portuguese steak

Dessert

Rice Pudding

Wine

Espresso coffee

Beirão Liquor





WINE LIST

GREEN WINE:

Vinho Verde, or green wine, is a specific kind of wine, which can be red, white or rosé. Only produced in the northwest (Minho province), the term "green wine" does not refer to the colour of the drink but to the fact that this wine needs to be drunk "young."

Red: Ponte da Barca; Ponte de Lima; Monção

White: Alvarinho; Ponte de Lima - Loureiro; Ponte de Lima - Adamado; Gatão; Casal Garcia; Gazela

Rosé: *Casa da Tojeira; Portal do Carregal; Espadeiro*

RED WINE: Grão Vasco; Barca Velha; Cartuxa;

Herdade do Esporão; Quinta do Carmo;

Monte Velho; Foral de Évora; Quinta das Lágrimas; Quinta de Cabriz; Esteva; Chaminé;

Cabeça de Burro; Duas Quintas;

Quinta da Gaivosa; Marquês de Borba

WHITE WINE: Quinta da Aveleda; Dona Maria; Duas Quintas;

Esporão; Borges; Cartuxa; Chaminé